

LEVEL 2 SPORTS - Timetable

Start and Finish Times (am/pm)	Topic or Element (include lunch and tea breaks)	Presenter's name
Friday (Day 1) 8hrs Tramsheds Convenor and tutor – Kate Davies		
8.30am – 9.00am	Registration	
9.00am – 10.00am	Case Studies (1hr)	Kate Davies
10.00am – 11.00am	Muscle injuries (2hrs)	John Smith
11.00am – 11.15am	Morning Tea	
11.15am – 12.45pm	PFJ rehab (1.5hrs)	John Smith
12.45m – 13.15pm	Lunch	
13.15pm- 15.00p	Knee ligament rehab	John Smith
15.00pm – 15.15pm	Afternoon Tea	
15.15pm – 16.00pm	Knee ligament rehab cont (2.5hrs total)	John Smith
16.00pm – 17.00pm	Muscle Injuries (continued)	John Smith
17.00 – 18.00pm	Adolescent pathologies (1hr)	Mike Anderson
Saturday (Day 2) 8hrs LGH Convenor and tutor Robert Hodge		
8.30am – 11.00am	Tendon	John Smith
11.00am – 11.15am	Morning Tea	
11.15am – 12.15pm	Tendon (3.5hrs total)	John Smith
12.15pm – 12.45pm	Lunch	
12.45pm – 14.15pm	Elbow (1.5hrs)	Mary Jones
14.15pm – 15.15pm	Wrist/hand	Mary Jones
15.15pm – 15.30pm	Afternoon tea	
15.30pm – 16.30pm	Wrist/hand (2hrs total)	Mary Jones
16.30pm – 17.30pm	Case studies (1hr)	Robert Hodge and Rachel Henderson

PTO

Sunday (Day 3) 8hrs LGH Convenor and tutor Rachel Henderson

Start and Finish Times (am/pm)	Topic or Element (include lunch and tea breaks)	Presenter's name
8.30am – 10.30am	Shoulder impingement and instability	Sam Thompson
10.30am – 10.45am	Morning Tea	
10.45am – 11.45pm	Shoulder impingement and instability (cont). (3hrs total)	Sam Thompson
11.45pm – 12.15pm	Lunch	
12.15pm – 15.15pm	Hip/groin (3 hrs)	Tom Black
15.30pm – 15.45pm	Afternoon Tea	
15.45pm – 17.45pm	Foot injuries (2hrs)	Sarah Brown

Example