Professor Karim Khan MBBS, PhD, MBA, FACSP is one of the world’s most entertaining and sought after sport and exercise medicine speakers. Karim is an Australian-trained sports physician and editor of the British Journal of Sports Medicine. Karim has previously contributed to the paradigm shift that ‘tendinopathies’ are not due to inflammatory cell invasion.

One of the world’s most entertaining and sought after sport and exercise medicine speakers...

More recently, Karim has been a strong advocate of physical activity for public health. Bone health and falls prevention has been one focus via RCTs in older people with osteoporosis and high risk of falls. He notes Steve Blair’s data that physical activity is the most powerful single health modality. The benefits of 30 minutes of physical activity daily are equivalent to finding a cure for smoking, diabetes and obesity combined (‘smokadiabesity’).

He is a founding investigator in the $40 million research enterprise at the University of British Columbia called the Centre for Hip Health and Mobility. As a sports medicine educator, Karim is well known via his contribution to the 118-author textbook — Brukner and Khan’s ‘Clinical Sports Medicine’ which is now in its 4th edition.

This will be a fabulous opportunity to share an evening with Professor Khan.

PROGRAM (Commences at 6:30PM except Townsville)
Canapes
Karim Khan unplugged: Karim will share hot topics that will influence your sports medicine practice and career and stories that will influence your own health behaviour and your practice. He will draw from his 20 years of international clinical and academic experiences.
Multidisciplinary Panel: Following his presentation Karim Khan will facilitate a multidisciplinary panel who will reveal their career highlights, how they got to where they are, what we can all learn from their stories of success and how this has influenced sports medicine in the region. These are the secrets of elite sports medicine care you have always wanted to know but no-one would tell you!
Q&A

Registration Form: An Evening with Professor Karim Khan

[ ] Ballarat - Tuesday 11 June
[ ] Hobart - Wednesday 12 June
[ ] Newcastle - Monday 17 June
[ ] Adelaide - Wednesday 19 June
[ ] Townsville - Saturday 15 June
[ ] Darwin - Thursday 20 June

Title ___________________________ First Name ___________________________ Last Name ___________________________
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Suburb/Town _____________________ State ________ Post Code ________
Phone __________________________ Email __________________________
Special Dietary Requirements __________________________

☐ SMA Member $20.00
☐ Non SMA Member $50.00

Please return completed form together with cheque (made out to Sports Medicine Australia) to Sports Medicine Australia, Sports House, 375 Albert Road, Albert Park VIC 3206.

OR Visit the website sma.org.au to register