

Approved Modalities



You **must** be qualified in the modalities you practice to be covered.
The following are all approved modalities.

- ✓ Acupoint therapy
- ✓ Acupressure
- ✓ Acupuncture
- ✓ Alexander technique
- ✓ Allergy testers
- ✓ Animal therapy
- ✓ Aromatherapy
- ✓ Art Therapy
- ✓ Attractor Field Therapy
- ✓ Aura-kinetic training
- ✓ Auro soma
- ✓ Ayurveda
- ✓ Bio-Energetic Healing
- ✓ Biofrequency
- ✓ Biomagnetic
- ✓ Biomesotherapy
- ✓ Bio-Resonance Matching
- ✓ Body harmony
- ✓ Body talk systems
- ✓ Body Transformation
- ✓ Bowen Technique
- ✓ Brain Gym
- ✓ Brandon Raynor
- ✓ Breathwork
- ✓ Buteyko breathing method
- ✓ Cellulite Treatment
- ✓ Cervical Manipulation
- ✓ Chinese herbal dispenser
- ✓ Chinese medicine
- ✓ Chi nei tsan
- ✓ Chi Gong
- ✓ Coaching
- ✓ Colour therapy
- ✓ Colon Hydrotherapy
- ✓ Colonic Irrigation
- ✓ Counsellors
- ✓ Craniosacral therapy
- ✓ Crystal therapy
- ✓ Cupping
- ✓ Dance therapy
- ✓ Dietitians
- ✓ Diversional Therapy
- ✓ Dorn therapy
- ✓ Dry Needling
- ✓ Ear candling
- ✓ Electro acupuncture
- ✓ Embodiment of Yoga
- ✓ Emmett Technique
- ✓ Emotional freedom techniques
- ✓ Endermologie
- ✓ Essences of Angels
- ✓ Exercise physiology
- ✓ Face Painting
- ✓ Facial harmony
- ✓ Feldenkrais
- ✓ Feng shui
- ✓ Flower remedies
- ✓ Focusing
- ✓ Frequency Specific Microcurrent (Bodyfield Analysis)
- ✓ Healing energy
- ✓ Healing touch
- ✓ Hellerwork
- ✓ Herbalists
- ✓ Herbal medicine
- ✓ Homeopathy
- ✓ Horstmann technique
- ✓ Hypnobirthing (excluding delivery advice)
- ✓ Hyperton-X
- ✓ Hypnotherapy
- ✓ IFAS (Skin & Nerve Stimulation)
- ✓ Indian Head Massage
- ✓ Iridology
- ✓ Kinesiology
- ✓ Lactation consultants
- ✓ Laughter
- ✓ Life coaching
- ✓ Luminous Way Vital healing
- ✓ Lymphatic system
- ✓ Magnetic field therapy
- ✓ Massage
- ✓ Massage – Ancient Hawaiian Temple
- ✓ Massage - Baby
- ✓ Massage - Chinese
- ✓ Massage - Connective Tissue
- ✓ Massage - Corporate
- ✓ Massage - Deep Tissue
- ✓ Massage – Hawaiian
- ✓ Massage – Hoffman
- ✓ Massage - Hot/Cold Stone
- ✓ Massage - Kahuna Style Massage
- ✓ Massage - Lomi Lomi
- ✓ Massage - Mobile
- ✓ Massage - Pranic
- ✓ Massage - Pregnancy
- ✓ Massage - Remedial
- ✓ Massage - Swedish
- ✓ Massage - Thai
- ✓ Meditation
- ✓ Metabolic Free Radical Testing – Theratest
- ✓ Mora therapy
- ✓ Moxibustion
- ✓ Music therapy
- ✓ Muscle Tension Treatment
- ✓ Myofascial release therapy
- ✓ Myopractic
- ✓ Myotherapy
- ✓ Natural fertility management
- ✓ Naturopathic medicine
- ✓ Naturopathy
- ✓ NES
- ✓ Neural Organization Therapy
- ✓ Neuro linguistic programming
- ✓ Numerology
- ✓ Nutritionists
- ✓ Occupational Therapy
- ✓ Oriental Health Sciences
- ✓ Orthobionomy
- ✓ Personal Trainers
- ✓ Phenolics
- ✓ Phytotherapy
- ✓ Pilates
- ✓ Polarity therapy
- ✓ Pranic healing
- ✓ Professional Counsellors
- ✓ PSH therapy
- ✓ Psychotherapists
- ✓ Push therapy
- ✓ Q2 therapy
- ✓ Qi Gong
- ✓ Raindrop technique
- ✓ Recreation therapy
- ✓ Reflexology
- ✓ Rehabilitation Consultants
- ✓ Reiki treatment
- ✓ Rekindled Ancient Wisdom
- ✓ Remedial therapy
- ✓ Reverse Therapy
- ✓ Roling Structural Integration
- ✓ SCENAR
- ✓ Shiatsu
- ✓ Somatic integration therapy
- ✓ Speech therapy
- ✓ Spiritual healing
- ✓ Sports Kinesiology
- ✓ Stretch Therapy
- ✓ Tai chi
- ✓ Tibetan Bowl Sacred Healing Sound
- ✓ Time line therapy
- ✓ Tissue Salt Therapy
- ✓ Traditional Chinese medicine
- ✓ Transactional analysis
- ✓ Transpersonal & Emotional Release Counsellors
- ✓ Trigger point therapy
- ✓ Touch for Health
- ✓ Toyohari
- ✓ Urine Analysis (for undigested proteins and sugar)
- ✓ Vocational counselling
- ✓ Yoga
- ✓ Zumba